

**Russian Orthodox Church of the
Resurrection of Christ**
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Schedule for the Week of August 2 - 8, 2020

Sunday Aug 2	St. Elias
Saturday Aug 8	5:30 PM Vigil
Sunday Aug 9	St Panteleimon 8:15 AM Nocturns, Hours, Confessions 9:00 AM Divine Liturgy / Литургия

He who wishes to be saved must always have a heart for repentance, according to the Psalmist: *The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise* (Psalm 51:17).

He who conquers passions also conquers sorrow. He who is defeated by passions will not escape the shackles of sorrow. As a sick person is seen by the color of his face, so the one who is filled with passion is clearly depressed.

If a person endures an illness with patience and gratitude, it will count as an ascetic feat or even more.

We should attribute any success in anything to the Lord and say with the Prophet, *Not unto us, O Lord, not unto us, but unto thy name give glory* (Psalm 115:1).

You should not open your heart to others needlessly; there is one out of a thousand that will keep your secret.

You must be gentle with your neighbors, and take heed not to hurt them even slightly.

Translated by The Catalogue of Good Deeds



This is how Metropolitan Anthony of Sourozh described the exploits of Saint Seraphim of Sarov: "Saint Seraphim lost everything willingly; he abandoned his home, renounced his kin and tribe, and went to the monastery with nothing but God and prayer. There he committed himself to obedience; he accepted everything that the Lord would send him, and everything that men would want to put on his shoulders, carefully and humbly, for the sake of God. He crushed his willfulness; he committed himself through the people unto God's will until the end; and he went into the forest, into the wilderness, so that nothing might separate him from God, but also so that nothing might serve him as an artificial prop, so that grace alone might strengthen his weakness, and faithfulness alone might serve him as a foothold."

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August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Prophet Elijah 830AM Nocturns, Confessions 9AM Divine Liturgy Литургия	3	4	5 6 PM Vespers	6 Sts Boris & Gleb 9 AM Matins	7 St. Anna, mother of The Theotokos 9 AM Matins	8 5:30 PM Vigil, Confessions
9 St. Panteleimon 830AM Nocturns, Confessions 9AM Divine Liturgy Литургия	10	11	12	13	14 Procession of the Cross 9 AM Matins	15 5:30 PM Vigil
16 St Isaac 830AM Nocturns, Confessions 9AM Divine Liturgy Литургия	17	18 6:30 PM Vigil	19 Transfiguration of the Lord Преображение Господне Blessing of Fruit 9 AM Liturgy	20	22 BEGINNING OF DORMITION FAST	22 5:30 PM Vigil
23 Martyr Lavrenius 830AM Nocturns, Confessions 9AM Divine Liturgy Литургия	24	25	26	27 6:30 PM Vigil	28 Dormition of Theotokos Успение Пр. Бцы / 9 AM Liturgy	29 5:30 PM Vigil
30 Martyr Myron 830AM Nocturns, Confessions 9AM Divine Liturgy Литургия	31	1 September	2 September 6 PM Vespers	3 September	4 September	5 September